

Prayer Guide for 19 to 25 February

I choose kindness... I will be kind to the poor, for they are alone. Kind to the rich, for they are afraid. And kind to the unkind, for such is how God has treated me.
(Max Lucado)

The time of Lent heightens our awareness of the suffering our Lord Jesus was preparing to go through for our sakes. We can only imagine the thoughts that must have been going through His mind as he set his face toward Jerusalem.



In our world today, we see so much suffering, mainly on television, but it is also all around us. We see it in the lonely widow or widower, in the face of the hungry street child, in the wife beaten up by her drug- or alcohol-filled husband. We see it in the bully-beaten schoolchild, the person struggling with mental illness and the victim of a homophobic attack. We see it in the suffering of refugees from war-torn countries, brought to us so graphically on television.

Lord, have mercy on us, your children.

- † Pray for those victims above, for the many organisations set up to minister to them, for those who voluntarily give up of their time to feed and care for them.
- † Pray for those who suffer for the sake of the Kingdom; for those persecuted in countries where there is no freedom of religion.
- † Pray for the many refugees who endure hardship and suffering as they seek a better future for themselves and their children.
- † Pray for the children captured and held hostage by rebels particularly in Nigeria.
- † Pray for those in anguish because of the loss of loved ones in Ukraine, for the refugees, for the soldiers of both sides, for President Zelensky as he leads his country, for President Putin, that he withdraws his troops.
- † Pray for the Jews in Israel and the Palestinians in Gaza. Pray for peace between them, for the release of all the hostages taken and an end to the shelling and bombing of Gaza.



Lord, hear our prayers!

